



METCALF JANUARY MENU 2022

SERVED DAILY: FRESH FRUITS & VEGETABLES, 1% WHITE MILK, CHOCOLATE MILK

REMEMBER: PICK AT LEAST 3 ITEMS & 1 MUST BE A FRUIT OR VEGGIE!

3	4	5	6	7
CHILI BEAN FRITO PIE OR CORN DOG FRUIT & VEGGIE ROLL	STEAKFINGERS OR PIZZA BITES FRUIT & VEGGIE ROLL	MEATBALL SUB OR TERIYAKI CHICKEN FRUITS & VEGGIE ROLL	PIZZA OR ORANGE CHICKEN FRUIT & VEGGIE ROLL	UNCRUSTABLE OR HAMBURGER FRUIT & VEGGIE ROLL
10	11	12	13	14
BEAN BURRO OR CHICKEN TAQUITO FRUIT & VEGGIE ROLL	SPAGHETTI & CHEESE BREADSTICK OR CHICKEN NUGGETS FRUIT & VEGGIE ROLL	CHICKEN POT PIE OR SLUGGERS FRUITS & VEGGIE ROLL	PIZZA OR MINI CORN DOGS FRUIT & VEGGIE ROLL	UNCRUSTABLE OR HAMBURGER FRUIT & VEGGIE ROLL
17	18	19	20	21
NO SCHOOL! MARTIN LUTHER KING DAY!	STEAKFINGERS OR PIZZA BITES FRUIT & VEGGIE ROLL	HOT DOG OR RIBLET FRUITS & VEGGIE ROLL	CHICKEN SANDWICH OR ORANGE CHICKEN FRUIT & VEGGIE ROLL	UNCRUSTABLE OR HAMBURGER FRUIT & VEGGIE ROLL
24	25	26	27	28
BEAN BURRO OR CHICKEN TAQUITO FRUIT & VEGGIE ROLL	SPAGHETTI & CHEESE BREADSTICK OR CHICKEN NUGGETS FRUIT & VEGGIE ROLL	EARLY RELEASE! NO LUNCHES SERVED!	PIZZA OR MINI CORN DOGS FRUIT & VEGGIE ROLL	UNCRUSTABLE OR HAMBURGER FRUIT & VEGGIE ROLL
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CHILI BEAN FRITO PIE OR CHEESY DOG FRUIT & VEGGIE ROLL				